

FREE GUIDE

Roots. Rise. Reimagine.

TM

A Community Health Leader's
Introduction to the Sozo Framework

For faith-based organizations, nonprofits,
and community health leaders ready to move
from good intentions to lasting transformation.

Dr. Angela Mott, DHSc

Founder, Sozo Collectiv | Health Systems Strategist



Faith-Grounded
Culturally Relevant
Scientifically Backed





WELCOME

The Gap

If you are reading this guide, you are likely someone who has given significant energy to improving the health of your community. You have shown up, served, and pushed against systems that were not designed with your community in mind. And yet something still feels incomplete — like the impact you know is possible remains just out of reach.

That gap is not a reflection of your commitment. It is a reflection of a missing framework.

The Sozo Framework was built to close that gap. It is a three-stage methodology designed to equip faith-based organizations, nonprofits, and community health leaders with the foundation, capacity, and vision to move from good intentions to genuine, systemic community health transformation.

This guide is your introduction to that framework — what it is, where it came from, and what it could mean for your organization.

Welcome to the beginning of something different.

— **Dr. Angela Mott, Founder, Sozo Collectiv**



THE PROBLEM WE ARE SOLVING

Why Community Health Initiatives Stall

Across the country, organizations are working hard to improve community health outcomes. Faith-based organizations, nonprofits, and health leaders are investing time, resources, and genuine care into the communities around them. And yet the needle is not moving the way it should.

The reason is rarely a lack of heart. It is almost always a lack of infrastructure.

Through over a decade of work across managed care systems, nonprofit outreach, and community-based organizations, Dr. Angela Mott identified three recurring gaps that prevent organizations from achieving lasting community health transformation:

GAP 1 – IDENTITY CONFUSION	Organizations unclear about who they are and what they are uniquely positioned to do cannot build with consistency. Without a clear foundation, every initiative becomes reactive rather than strategic.
GAP 2 – CAPACITY DEFICITS	Vision without infrastructure stalls. Many organizations have a powerful mission but lack the leadership development, operational systems, and strategic frameworks to execute at the level their community deserves.
GAP 3 – SILOED THINKING	Most organizations focus only on what happens inside their own walls. Community health is an ecosystem challenge that requires systems-level vision. Without it, transformation remains localized and temporary.

The Sozo Framework was designed to address all three gaps – simultaneously, strategically, and sustainably.



THE SOZO FOUNDATION

What Sozo Means and Why It Matters

Sozo (v.) – To be made whole. To be restored. Nothing broken, nothing missing – and to be kept in that state.

That definition is the standard against which Sozo Collectiv measures community health transformation. Not whether a program was delivered. Not whether a service was rendered. But whether the individuals, families, and communities being served are moving toward a genuine state of wholeness.

This standard changes everything about how we approach the work. It means health transformation cannot be reduced to clinical outcomes alone. It must integrate the spiritual dimension that the healthcare system has spent decades minimizing. It must be culturally relevant to the communities it serves. And it must be scientifically grounded so the work is rigorous and evidenced.

<p>Faith-Grounded Rooted in the spiritual wholeness of communities</p>	<p>Culturally Relevant Designed for and with the communities served</p>	<p>Scientifically Backed Rigorous, evidenced, and research-informed</p>
---	--	--



THE FRAMEWORK

Roots. Rise. Reimagine.™ The Three Stages Explained

The Sozo Framework moves through three progressive stages – each one building on the last, each one addressing one of the three critical gaps that prevent organizations from achieving lasting community health transformation.

STAGE 1

Roots

Foundation & Identity

"You cannot build lasting impact on an unclear foundation."

The Roots stage begins beneath the surface. Before an organization can effectively serve its community it must be grounded in a clear understanding of who it is, why it exists, and what it is uniquely positioned to do. Roots addresses the identity confusion gap directly – asking the hard questions that busy, well-meaning organizations often skip in their rush to act.

- What is the core purpose of this organization beyond its programs?
- Who is this organization specifically called and positioned to serve?
- What values and principles must guide every decision?
- Is the current organizational structure aligned with the mission?

WHAT THIS PRODUCES:

Clarity of purpose, organizational identity alignment, a values framework, and a strategic foundation designed to hold the weight of real community impact.



STAGE 2

Rise

Growth & Capacity

"Identity without capacity stalls."

The Rise stage equips organizations with the strategic tools, leadership development, and operational frameworks needed to grow into their mandate. This is where consulting, coaching, workshops, and training converge – building the internal infrastructure that allows an organization to scale its impact without losing its soul.

- Leadership capacity at every level of the organization
- Operational systems that can hold and scale the mission
- Strategic frameworks for decision-making and resource allocation
- Team alignment around shared purpose and clear roles
- The organizational stamina to sustain transformation over time

WHAT THIS PRODUCES:

Strengthened leadership, operational systems, team alignment, and the organizational capacity to execute with greater precision, consistency, and impact.

STAGE 3

Reimagine

Systems Transformation

"What would it look like if this entire community experienced health the way it was designed to?"

The Reimagine stage is the boldest of the three. It challenges organizations to lift their vision beyond their own walls and think at the ecosystem level – asking not just what their organization can do but what the entire community health landscape around them could become. Through ecosystem redesign, organizations move from service providers to systems architects.

- Who are the key players in this community's health ecosystem?
- Where are the gaps, duplications, and missed connections?
- What would a coordinated, whole-person community health system look like here?
- What role is this organization uniquely positioned to play in that system?

WHAT THIS PRODUCES:

A community health ecosystem map, a systems transformation strategy, a clear organizational role within the broader ecosystem, and a roadmap for collective impact.



WHO THIS IS FOR

The Sozo Framework Was Built for You If —

01**You lead a faith-based organization**

You know your congregation, your community presence, and your relational trust make you uniquely positioned to drive health transformation — but you need the strategy and systems to match your calling.

02**You lead a nonprofit**

Focused on community health, social determinants, or human services and you are ready to move from program delivery to systems-level impact with a framework that integrates the whole person.

03**You are a community health leader**

A director, executive, clinician, or practitioner who sees the gaps in the current system and wants a methodology that is both rigorous and rooted in the communities it serves.

04**You are a provider**

You understand that clinical care alone cannot transform community health outcomes and you are looking for a framework that integrates the spiritual, cultural, and systemic dimensions of whole-person health.



HOW TO ENGAGE

Three Ways to Go Deeper

This guide is an introduction. The full power of the Sozo Framework is unlocked through direct engagement – and Sozo Collectiv offers multiple pathways based on where your organization is and what you need most.

01 The Digital Courses

The Roots, Rise, and Reimagine courses bring the framework to life through self-paced video lessons, practical workbooks, community access, and certification. Enroll individually or take on the full Sozo Framework Bundle for a complete transformation journey.

Enroll at sozocollectiv.com/courses

02 Consulting & Ecosystem Redesign

For organizations ready for a deeper, customized engagement – Sozo Collectiv offers organizational consulting and community health ecosystem redesign services that apply the framework directly to your specific context, community, and goals.

Book a free discovery call at sozocollectiv.com

03 Coaching & Training

For leaders who want a dedicated thinking partner or teams that need high-quality framework-driven training – coaching partnerships and workshop facilitation are available for organizations at every stage of the journey.

Learn more at sozocollectiv.com

Ready to Go Deeper?

The Sozo Framework is waiting for you – built for exactly where you are right now.

sozocollectiv.com/courses

THE SOZO COLLECTIV

Roots. Rise. Reimagine.

Equipping faith-based organizations, nonprofits, and health leaders
to become the transformation their communities have been waiting for.

Enroll in a course sozocollectiv.com/courses

Book a free discovery call sozocollectiv.com

Join the community sozocollectiv.com/community

© Sozo Collectiv | Dr. Angela Mott, DHSc | Faith-Grounded · Culturally Relevant · Scientifically Backed

